



BEST PRACTICES, SESSION 2016-17

BEST PRACTICE-1

1. Title of the Practice: ADOPTION OF VILLAGE GURIA HIRA PARA –A Tribal Village

2. Objectives of the Practice:

1. To eradicate superstitions and to create scientific temperament
2. To promote health and hygiene through Swacchata
3. To stop child labour
4. To ensure effective implementation of child education
5. To Minimize the use of traditional liquor
6. To create awareness on Government welfare schemes
7. To promote traditional culture of Rabha-Community

3. The Context:

Guria Hirapara is a revenue village under Molandubi Gaon Panchayat, Dudhnoi circle, 36 No. Dudhnoi (ST) L A constituency in the district of Goalpara, Assam. There are 254 people in the village of which 131 are male 123 are female. All the people of the village belong to Rabha community and ST Category. The literacy rate is 56% of which is 62 % male and 50 % female. 94 % people live on agriculture and 6 % people live on service and business. There are some problems among the people of the village such as illiteracy, poverty, witch hunting practices, use of traditional liquor, prejudice and superstition, health and hygiene problem, unaware of the government schemes and so on. Hence an attempt is taken to adopt the village so that education can be imparted to all the children of the village and illiteracy can be eradicated. Prejudice and superstitions like witch hunting can be removed by creating scientific temperament.

4. The Practice: Activities-

First of all the village was surveyed and required data were collected consulting with the “Gaonburah” the head of the village and the people of the village. After survey the village and consultation, huge number of problems was found such as illiteracy, poverty, witch hunting practices, use of traditional liquor, prejudice and superstition, health and hygiene problem, unaware of the government schemes and so on.

After finding out the problems, some practical measures were taken to solve the problems such as Awareness programme on Health and sanitation, Awareness programme on environmental consciousness, awareness programme on witch hunting, awareness programme on the abuse traditional liquor. To eradicate prejudice and superstition by developing scientific temperament Popular Talk was organized in the

village. To eradicate the illiteracy and to increase the literacy rate, a literacy drive was taken with the help of the educated youth of the village. To eradicate the poverty and to develop the economic condition of the villagers awareness programme on the implementation of government schemes and policies with the help of the Panchayat president and secretary, officials of Assam Gramin Vikash Bank. To promote the traditional culture a cultural programme was held in the village.

5. Evidence of Success :

The feedback we have received from the villagers that after adopting the village, there is a great change in the village in various aspects. The villagers become more interested in educating their children and wards as a result the number of school going children were increased than earlier. They become conscious about their health and sanitation. The village become clean than earlier as some dustbin was placed on the road side. The habit of using traditional liquor was gradually decreased. They become conscious about the government schemes and policies and started to open "Self-Help" group through which they were able take loan from bank and started small business as a result, their economic condition was gradually developed as they reported.

6. Problems Encountered and Resource Required:

A team was constituted with the faculty members of our college and the team timely visited the village so that the village can be developed. With this purpose in view, various programmes have been taken in the village. To do this we faced many problems such as economic problem, contradiction with the villagers. It was very difficult to make them understand about their problems especially witch hunting, use of traditional liquor, bank loan etc.

BEST PRACTICE-2

1. Title of the Practice: ENERGY SAVING PRACTICE

2. Objectives of the Practice:

- i) To make aware of the importance of electricity
- ii) To create awareness of the proper use of the electricity
- iii) To initiate power conservation strategy
- iv) To save money on electricity bill.

3. The Context:

All energies are based on nature. Though we see some artificial energies but these energies are produced based on the natural resources. For Example, Electricity is artificial energy but it is produced from natural resources. So we need natural resources for creating any energy. All natural resources are limited by nature. Excessive use any resources creates crisis in the next future for which the next

generation of people suffer badly. Hence, for sustaining the natural resources we should create a healthy practice among the new generation. One of such practices is Energy saving practice. We all use electricity at home or institutions we engaged. It is observed that sometimes energies are used excessively or unnecessarily both at home or in institutions like schools or colleges. It is seen that lights or fans are on at both home or colleges even where there is no students or teachers in the rooms. Again after the class all the students or teachers leave the room but switch of light or fans are on. Such mal-practices unnecessarily consume energy. It costs more money. On the other hand creates pressure on natural resources. So for removing such bad habits among the students at college or home it is felt necessary to create healthy practice of electricity among the students and the practice is entitled as **ENERGY SAVING PRACTICE** so that the students can learn proper use of electricity both at home and college.

4. The Practice:

Energy Saving Practice is a best practice. With a view to create healthy practice of electricity among the students and to save electricity and electricity bill, a team with the teachers and students was formed. The team organized awareness programme, talks, discussion and practices among the students and taught them the tips of energy saving both at college and home and how we can save money or electricity bill. The practice of tips are- take advantage of natural sunlight, switch over to LED, invest in energy saving power strips, change TV to Flat and LCD Screens, invest better cooling options, encourage students to recycle, use sensors for turning lights On or Off in a room, switch off when leaving the room, Turn off lights and all sceens, close unused rooms and spaces, avid wastage of electricity, turn off after using, unplug all power source after the college time and before weekend s and holidays, unplug the devices after use, set equipment to turn off automatically using timers or smart device etc. Such tips were practised among the students in college and monitored by the team at college for period of one month. They were also asked to practice the tips at home and to notice the unit of electricity consumed and electricity bill.

5. Evidence of Success:

After practice the tips it is seen that the students have become aware of the use of electricity in the college. It is observed that the electricity bill was less than the earlier bills due to lees units of electricity consumed. Again students are asked about their bill of electricity in home. They reported that their bills are also less than their earlier bills and units of bills are also less.

6. Problems Encountered and Resource Required:

To do the practice, we faced many problems. It was very difficult to make understand the students about the concept and significance of the practice. For this various discussion and awareness programmes were organized but the participation of the students were very negligible. Later on, gradually the students were inspired and the participation of students was increased. It was very difficult to practice them about the proper use of electricity in college. But after practice now the students have improved the habit of proper use of electricity in the college.



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